



BIRTHRIGHT

ISSUE 2 OF 2021



Look for this precious one on our website: www.birthrighthutch.com

Enter the Social Media World:

In an effort to reach more, young ladies and families Birthright Board has decided to enter the 21st century with a presence on social media. Information about Birthright services and caring concern will be at the fingertips of anyone facing a crises pregnancy. This will also provide anonymity for the initial contact. After researching different designers, Birthright selected Selwyn Marketing LLC, where Janice setup a website, www.birthrighthutch.com connecting in addition to Facebook and Instagram accounts so everyone interested can find and follow us.

Even though Birthright has been in Hutchinson for 47yrs, many in town and throughout Reno County have not heard of our important ministry. All involved with our vital organization hope to change that and make us a well-known resource. When others like and share these posts, Birthright can reach many new families or individual clients.

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BIRTHRIGHT WISH LIST

Newborn Summer clothes for girls and boys.

Summer shorts for boys & girls size 18mths or 2T

Summer sleepers for boys & girls size 18mths or 2T

Baby Supplies:

Brush and Comb

Shampoo

Bath Soap

Enter the Social Media World: Part 2

We hope that you will also help us help the community by sharing and liking 👍 our posts. Please encourage others to do the same. We need to reach out to the younger generation needing help but haven't heard of Birthright; we believe social media is the way. Let's get our Birthright office flowing with clients; and let Birthright do what we do best: help expectant mothers and their little ones.

This task of social media decisions has kept Birthright Board busy these past three months I would like to shine a light on our members and staff. This ministry could not function without these wonderful volunteers.

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DO YOU HAVE TIME

Birthright is looking for help in 2 different areas:

1. We are looking for someone that is willing to give there time to paint the front door and the two flower box on the front porch. The flower boxes may need some repairs.
2. Birthright is still looking for a volunteer that is bilingual that could volunteer 2 days a month translating.



Please call Shelli at 620-200-8536 if you are interested in helping out in one of these areas.

“In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven. “

Matthew 5:16

Interesting Pregnancy Facts and Myths

Pregnancy is special! The ability to give birth, the ability to create life, is simply an amazing thing. Well, while the whole experience of becoming pregnant and then a mother is magical, a lot happens during the roughly 40 weeks of pregnancy. Some of the changes that occur may be expected while others may seem fascinating or even surprising. Here are a few interesting facts and myths about pregnancy, delivery, and more.

Interesting Facts



1. The longest recorded pregnancy was 375 days. According to a 1945 entry in Time Magazine, a woman named Beulah Hunter gave birth in Los Angeles nearly 100 days after the average 280-day pregnancy (It is likely the baby walked out with developed speech asking for solid food). One of the shortest pregnancies was a baby born at 21 weeks and 4 days.
2. The oldest recorded woman to have a baby was 66 years old (Evidence that life is full of surprises).
3. By the third trimester, a developing baby can recognize their mother's voice from inside the womb, and babies can cry in the womb. Researchers found expressions of displeasure in ultrasounds starting at just 28 weeks.
4. Eight — that's the highest number of babies born to a single mother (OUCH). In 2009, Nadya Suleman delivered her six boys and two girls in a California hospital.
5. In the United States, the highest percentage of infants is born between 8 a.m. and noon each day. Less than 3 percent of infants are born between midnight and 6:59 a.m, and about 1 in every 2,000 babies are born with teeth.
6. Healthy babies have been born in Italy and Brazil weighing 22 pounds 8 ounces, and 16 pounds 11.2 ounces, respectively.

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**IT IS THE RIGHT FOR EVERY PREGNANT WOMAN TO GIVE BIRTH
AND THE RIGHT FOR EVERY CHILD TO BE BORN**

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Hutchinson KS 67504

Or if you shop on Amazon
go to supporting non-profits
And click on to
Birthright of Hutchinson

Interesting Pregnancy Facts & Myths! (part 2)

Myths

1. Myth: The shape of your belly can predict the gender of your baby.

The truth: Carrying low? Legend says you're having a boy. If your belly is higher up, it's a girl. Actually, stomach muscles stretch with subsequent pregnancies. So, if a woman's belly is higher up, it probably just means she has strong abdominal muscles or it's her first pregnancy.

2. Myth: The heart rate of a fetus can predict the gender.

The truth: Listen carefully to that heart rate and you'll be able to tell the gender of your future baby, right? It's not true. Normal fetal heart rate for all babies in utero ranges from 120 to 160 beats per minute. You'll have to wait for the ultrasound or birth to find out the gender.

3. Myth: Your face shape and fullness during pregnancy can predict the gender.

The truth: You may have heard that if a woman has a full face or acne, she's having a girl. This is false and another old wives' tale. Your face shape and skin condition during pregnancy are influenced by a number of other factors, like diet and genetics.

4. Myth: Spice during pregnancy causes blindness in babies.

The truth: Eating spicy foods during pregnancy is perfectly safe but may lead to heartburn. Ask your doctor about a pregnancy-safe antacid if you are prone to indigestion while expecting.

5. Myth: Experiencing heartburn during pregnancy means your baby will be born with hair.

The truth: Actually, this one may have some truth. A small study found that women with mild to severe heartburn gave birth to babies with hair. Researchers think there may be a connection between pregnancy hormones relaxing both part of the lower esophagus and being responsible for fetal hair growth. But more research is needed.

The bottom line is that there's so much to learn about pregnancy and still many unknowns, but there is one thing you can know for sure, Birthright is here to provide personal and compassionate care for women and their families – we want them to know, they are not alone!

Toyla Frondorf
President of Board



is He
who
comes
in the
name
of the
Lord

BLESSED

